

PERIODIC TABLE OF CALORIES

Mg Fruit Standard - 125 Kcal Light - 105 Kcal									As Milk Standard - 355 Kcal Light - 255 Kcal
Pa Fruit Standard - 136 Kcal Light - 97 Kcal	St Fruit Standard - 153 Kcal Light - 122 Kcal	Wp Fruit Standard - 153 Kcal Light - 102 Kcal	Ra Fruit Standard - 92 Kcal Light - 77 Kcal	Pc Fruit Standard - 120 Kcal Light - 92 Kcal	Po Fruit Standard - 103 Kcal Light - 47 Kcal	Ap Fruit Standard - 153 Kcal Light - 122 Kcal	Ly Fruit Standard - 153 Kcal Light - 102 Kcal	Ki Fruit Standard - 122 Kcal Light - 102 Kcal	Ja Milk Standard - 355 Kcal Light - 255 Kcal
		Ta Milk Standard - 409 Kcal Light - 266 Kcal	Ro Milk Standard - 296 Kcal Light - 221 Kcal	Hd Milk Standard - 351 Kcal Light - 244 Kcal	Ma Milk Standard - 410 Kcal Light - 142 Kcal	Co Milk Standard - 350 Kcal Light - 242 Kcal	Al Milk Standard - 312 Kcal Light - 96 Kcal	Va Milk Standard - 331 Kcal Light - 224 Kcal	Ch Milk Standard - 282 Kcal Light - 154 Kcal
		Pb Extras Serving - 64 Kcal	$2\sqrt{Tp}^{(94)}$ Extras Serving - 37 Kcal	Je Extras Serving - 150 Kcal	Ta Extras Serving - 94 Kcal	Mc Coffee Standard - 355 Kcal Light - 123 Kcal	Mo Coffee Standard - 428 Kcal Light - 79 Kcal	Cf Coffee Standard - 486 Kcal Light - 254 Kcal	

WHAT DOES IT ALL MEAN?

Our Light versions are just as delicious!



STEP 1	FIND THE ABBREVIATION FOR YOUR DRINK, AND SEARCH THE PERIODIC TABLE
STEP 2	TWO CALORIE CONTENTS ARE SHOWN, ONE FOR LIGHT AND ONE FOR REGULAR
STEP 3	ADD ANY TOPPING, AGAIN COMPARING THE ABBREVIATION WITH THE CHART
STEP 4	ADD IT ALL UP!

ABBREVIATIONS

FRUIT TEAS

- Mg** = Mango
- Pa** = Passion Fruit
- St** = Strawberry
- Wp** = White Peach
- Ra** = Raspberry
- Pc** = Passion & Cucumber
- Po** = Pomegranate
- Ap** = Apple
- Ly** = Lychee
- Ki** = Kiwi

MILK TEAS

- As** = Assam
- Ja** = Jasmine
- Ta** = Taro
- Hd** = Honeydew
- Ma** = Matcha
- Co** = Coconut
- Al** = Almond
- Va** = Vanilla
- Ch** = Chocolate
- Ro** = Rose Milk

EXTRAS

- Ta** = Tapioca
- Ta/2** = Tapioca half
- $2\sqrt{Tp}^{(94)}$
- Je** = Jelly
- Pb** = Popping Boba

Please note

We are a tea mixology bar, and so the nutrition value of your drink is determined by your creation! We can mix and match according to your preference – if you want a drink that is less sweet, or if you want to mix your flavours, then just let your Bubbleologist know!

You can choose three types of milk base for our drinks, which include Organic Soya, Organic Whole milk, or Dairy Creamer. If you don't select the milk type, then we will use Dairy Creamer as the base. Also, please note that we primarily use Organic Soya milk as a low fat alternative, and that some of our drinks may still contain milk derivatives – always refer to our allergen chart.

The values stated are for our standard 500ml cups, and our large/ supreme cups containing around 30% more calories. If you do choose large/ supreme cup sizes, then you should consider our Light versions, as they are just as delicious!

COFFEE DRINKS

- Mc** = Milk Coffee
- Mo** = Mocha
- Cf** = Caramel Frappe